	Program Name- Post Graduate diploma: Safety, Health & Environment (PGDSHE)				
	Status of Course: Major Course Credit:4				
	Course Number: HED101, Course Title: ENVIRONMENT & ECOLOGY				
	Lectures/ Week: of 55 mts	. Each. [V	Veek: 13 per semester]: L- 4		
	Total Lect	tures / Se	mester: 52		
1	1 Introduction: This paper aims to introduce the students to the environment and its structure, segments and importance, Natural cycles; general process of gaseous & sedimentary cycles and human interventions, Natural resources; their importance, extraction and over exploitation, Ecosystem; basic concept of ecology, structure & functions of an ecosystem, pyramids, food chain, food web, ecological succession and mangrove forests. The Himalava: its geography, major rivers & glaciers, hazards and tourism.				
2	 Objectives: To introduce the structure, segments and importance of environment, To make them understand the natural cycles, their importance and human interventions that are altering these cycles, To provide Knowledge about the various natural resources, their importance, extraction, over exploitation and motivate them to follow conservation practices, To introduce the concept & structure of an ecosystem, including food chain & food web, ecological pyramids, ecological succession and characteristic features of different ecosystems, To provide knowledge about specific ecosystems like mangrove forests, To make them analyze the importance of Himalaya, its associated rivers & glaciers, hazards in Himalayan 				
	region and evaluate the Himalayan tourism.				
3	 After completion of the course, students will be able to: CO1: Understand the structure and segments of environment and analyze the importance of environment for a sustainable future, CO 2: Understand the process and importance of natural cycles to sustain life and analyze human interventions and their impact on cycling of the elements in nature CO3: Analyze the various important natural resources & their extraction & over exploitation and will be able to follow conservation practices CO4: Understand the structure and functions of ecosystem, food chain & food web, ecological pyramids, ecological succession and importance of a self-sustained balanced ecosystem. CO 5: Analyze the importance of mangrove forests from the ecological point of view. CO6: Understand the importance of Himalaya & associated rivers & glaciers for our country CO7: Analyze the adverse effect of tourism at Himalayan Region and importance of ecotourism for protection of biodiversity at Himalayan region 				
4	Course Contents	Period	Learning outcome		
	Unit – I INTRODUCTION TO ENVIRONMENT Definition, scope and importance, Environmental segments. Unit – II NATURAL CYCLES OF ENVIRONMENT	10	The students will be able to understand various environmental segments, and their role in supporting life in the biosphere. The students will be able to draw diagrams of various layers of atmosphere The students will be able to appreciate the importance of a clean and balanced environment The students will be able to understand the path of		

Water Cycle, Nitrogen Cycle, Phosphorus Cycle, Sulphur Cycle, Carbon Cycle		transport of various elements through biotic and abiotic components. The students will be able to draw diagrams of various natural cycles. The students will be able to evaluate human interventions creating imbalance in cycling of the elements.
Unit – III NATURAL RESOURCES Natural Resources: Extraction, Use & Exploitation, Conflicts, Environmental Consequences and Case Studies related Forest resources, Water Resources, Mineral Resources, Land Resources & Energy Resources.	10	The students will be able to classify various natural resources on different basis. The students will be able to understand the significance of these resources. The students will be motivated to adopt conservation practices for sustainable use of natural resources. The students will be able to analyze the consequences of over exploitation of natural resources and its impact on physical environment.
Unit – IV ECOLOGY AND ECOSYSTEMS Concept of an ecosystem, its structure & function. Producers, consumers and decomposers, Energy flow in the ecosystem, Ecological succession, Food chains, food webs and ecological pyramids. Types, characteristic features & structure of various Ecosystems. Mangrove Forest: Effect on health and environment	14	The students will be able to distinguish between different types of ecosystems and can analyze characteristic features and draw diagrams of various ecosystems. The students will be able to draw & explain the structure & functions of an ecosystem and various types of pyramids found in an ecosystem. The students will be able to establish relationships between various biotic communities at different trophic levels and explain and draw food web. The students will be able to Explain the types and general process of ecological succession. The students will be able to analyze the importance of mangrove forests and locate them.
Unit – V THE HIMALAYA Geography and Transverse Subdivisions of the Himalaya, Major rivers and glaciers of Himalayan Region, Major rivers and Environment: Ganga & Yamuna Cleaning Projects & Programs. Environmental Hazards in the Himalayan Region, Tourism at Himalaya and its impact on the Environment.	8	The students will be able to explain the geography, subdivisions and importance of Himalaya for India. The students will be able to identify the rivers and glaciers found in the Himalayan region. The students will be able to explain and analyze the impact of hazards in the Himalayan region. The students will be able to draw conclusion over the importance and impact of tourism at Himalaya and the importance of ecotourism to preserve biodiversity of Himalayan region.

Textbooks:

- 1. P.R. Yadav & S.R. Mishra Environmental Ecology, Discovery Publishing House, New Delhi (2004)
- 2. R.L. Kotpal & N.P. Bali: Concepts of Ecology, Vishal Publishing Company, Punjab (2018)
- 3. Erach Bharucha: Textbook Of Environmental Studies, Universities Press (India) Private Limited, Hyderabad (2010)

Reference Books

- 1. NS Subrhmanyam: Ecology, Narosa Publishing House, N. Delhi (2001)
- 2. P.D. Sharma: Ecology and Environment, Rastogi Publications, Meerut (2010)

	Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)				
	Status of Course & Credit: Major Course & 4				
	Course Number & Title: HED-102 Occupational Health				
	Lectures/ Week: of 55	mts. Each.	[Week: 13 per semester]: L-4		
	Total I	ectures / S	Semester: 52		
1	Introduction: This course provides an	in-depth u	nderstanding of the various health risks associated		
	with different occupation. Students will present common occupational diseases, sources of noise and				
	vibration, and the significance of indust	trial hygiene	e. Additionally, we will discuss preventive measures,		
	legal aspects, and the overall importance of maintaining health and safety standards in the workplace.				
2	Objectives:				
	1. To recognize common occupa	tional dise	eases and ailments prevalent in various work		
	environments and understand effe	ective contro	ol measures.		
	health and the environment.				
	3. To examine the care and treatmer	nt of comm	on ailments related to eyes, nose, throat, teeth, and		
	skin, alongside the importance of housekeeping and health monitoring.				
	4. To analyze the principles of occupational diseases and industrial hygiene, including lighting,				
	5. To introduce students with the le	egal aspect	s surrounding occupational health, particularly the		
	Factory Act and its implications for health risk management.				
3	Course Outcomes (CO)				
	After completion of the course, students will be able to:				
	CO1: To identify and describe common occupational diseases and propose control measures.				
	CO2: To assess the sources and effects	of noise an	d vibration in industries and control methods.		
	CO3: To develop strategies for the care a	and treatme	ent of health issues related to occupation.		
	CO4: To develop solutions for improving	gindustrial l	hygiene, including lighting and ventilation.		
<u> </u>	CO5: To present relevant legal framewor	ks, like the	Factory Act, and understand their implication.		
4	Course Contents to be covered	Period	Bloom's Taxonomy Learning outcome		
	UNIT 1: Common occupational		students will identify common occupational		
	diseases and control measures.	10	diseases and control measures, explaining		
		10	prevention strategies and applying knowledge		
			through case studies related to particle inhalation.		
	UNIT 2: Sources of Noise & Vibration in		Student will focus on recognizing sources of noise		
	Industries and Environment, Control	11	and vibration in industrial settings, understanding		
	methods, Effects of Noise and		their health effects, and analyzing data on noise		
	Vibration		levels to assess potential impacts.		
L					

UNIT 3: Care of sensitive body organs & their treatment, Housekeeping, Industrial Health Monitoring.	10	Students will recall ailments affecting the eyes, nose, throat, teeth, and skin, discuss the importance of industrial health monitoring, and demonstrate care practices for specific conditions
UNIT 4: Occupational diseases & Industrial Hygiene, Fire Hazards, Occupational health safety for farmers	11	It will cover key components of industrial hygiene, where students will identify best practices, understand their relationship to occupational diseases, and evaluate the effectiveness of current hygiene measures.
UNIT 5: Factories Act and Legal Aspects with references to health risk.	10	Find out the legal aspects of occupational health, enabling students to summarize key provisions of the Factory Act, understand their implications for health risk management, and create compliance plans that ensure adherence to legal standards in various industries.

Textbook:

- 1. Occupational Diseases: A Guide to the Diagnosis and Management: Stephen D. Levin (2017).
- 2. Fundamentals of Industrial Hygiene: Barbara A. Plog (2018).
- 3. Noise and Vibration Control Engineering: Principles and Applications" by L. S. T. & H. M. (2016). Wiley.

Reference

- 1. Occupational Health: A Comprehensive Approach" by Michael A. McCunney (2018)
- 2. Occupational Health and Safety Management" by C. Ray Asfahl (2019)

	Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)				
	Status of Course & Credit: Major Course & 4				
	Course Number & Title: HED-103 Research Methodology & Analysis				
	Lectures/ Week: of 55	mts. Each.	[Week 13 per semester]: L-4		
	Total L	.ectures / S	Semester: 52		
1	Introduction: This course aims to foc	us student	s with the essential skills and knowledge to study		
	effective research in environmental stud	lies. It cover	rs various methodologies and tools vital for analysing		
	data, understanding research ethics, and	d presentin	g the findings.		
2	Objectives:				
	1. To introduce students with the cor	ncepts, sigr	ificance, and objectives of research, particularly in		
	the context of environmental studie	s.			
	2. To introduce various methods of da	ta collectio	n, including qualitative and quantitative approaches,		
	and to develop skills in crafting que	stionnaires	and conducting interviews.		
	3. To enhance students' ability to fin	d, evaluate	, and synthesize information from various sources,		
	A To present with knowledge of st	ases. atistical to	ols and techniques necessary for data analysis		
	interpretation, and presentation.				
	5. To teach students in the effective i	llustration a	and visualization of data using various diagrammatic		
	techniques, aiding in clearer comm	unication o	f research findings.		
3	Course Outcomes (CO)	will be able	ato		
	CO1: To present the ability to design and implement research projects in environmental contexts.				
	CO2: To apply various data collection methods and analyse data using statistical techniques to derive				
	meaningful conclusions.				
	CO3: To Present research findings effect	ctively throu	ugh written reports and visual aids, with charts and		
	diagrams.	,			
	CO4: To Understand and apply ethical c	onsideratio	ns in research, including issues related to plagiarism		
	and intellectual property rights.				
	CO5: To develop problem-solving skills	s through th	e analysis of complex environmental issues and the		
	formulation of research questions.				
4	Course Contents to be covered	Period	Bloom's Taxonomy Learning outcome		
	UNIT 1: ENVIRONMENTAL RESEARCH		Students learn the basics of environmental		
	Meaning and Scope of Social		research, including its purpose, different types,		
	Research, Objectives of Research,	10	and what makes a good researcher. They will study		
	Types of Research Process, Quality of		specific topics like neighborhood studies and the		
	Research Worker, Environmental		effects of urban areas, helping them understand		

Research.		the importance of researching environmental issues.
UNIT 2: METHODS C COLLECTION Sources of data, Questionna Interview; Focused, Structur Observation, Types of Quest Case- Study Method, Sampl Techniques, Tools of Data Co	DF DATA nire, ed, 10 ions, ing pllection.	Students will explore different sources of data and learn to create questionnaires and schedules. Also study methods like interviews and observations, gaining skills to choose the right data collection techniques for their research.
UNIT 3: SEARCHING SKILLS Development of searching s Introduction to IPR, Plagiaris Ethics, Writing research repo	kills, m and ort 10	students develop skills to find and evaluate information. They will learn how to search libraries and online resources, focusing on proper referencing and text organization. The unit also covers plagiarism and research ethics, ensuring students understand how to conduct research responsibly.
UNIT4: STATISTICAL TOOLS TECHNIQUES Measures of Central Tenden Mean, Median, Mode, Precis Accuracy, Measures of Dispu- Stdv, Correlation regression, error, t-test, ζ-score, null hyp Sample collection,	cies, ion, 12 ersion, 5tandard pothesis,	Students will learn about averages, variation, and how to test hypotheses using statistical methods like t-tests. By the end of this unit, they will be able to perform basic analyses and understand their results.
UNIT5: DIAG REPRESENATION OF DATA Interpretation of data, reduc techniques. Table making, F diagrams, scatter plots, erro time series, Histogram & Pie	RAMMATIC tion 10 gure, Bar r bars, diagram	students will learn how to present data visually. Present different ways to create charts and graphs, like bar charts and pie charts. This unit emphasizes the importance of clear visuals in research, helping students effectively communicate their findings.

Textbook:

- 1. Research Methodology: A Step-by-Step Guide for Beginners. 5th ed. London: SAGE Publications: by Kumar, R. (2019).
- 2. *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches.* 2nd ed. Thousand Oaks, CA: SAGE Publications, Ragin, C. C. (2020).
- 3. Ecology Methods for Field and Laboratory Investigations Tata Mc Graw Hill Publishing Co. Ltd. New Delhi, P Michael (1986)

References:

- 1. Research Methods in Environmental Science: by Peter A. Murphy (2021)
- 2. Research Methods: The Basics: by Nicholas Walliman (2018)
- 3. Academic Research and Writing: A Guide for College Students: by Angela M. McCarthy (2019)
- 4. Statistics for Research: With a Guide to SPSS: by George Argyrous (2018)

	Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)				
	Status of Course & Credit: Major Course & 4				
	Course Number & Title: HED-104 Industrial Safety				
	Lectures/ Week: of 55	mts. Each.	[Week 13 per semester]: L-4		
	Total I	.ectures / S	Semester: 52		
1	Introduction: This course focuses on k	ey safety p	rinciples and practices to protect workers in various		
	industrial settings. Students will learn about accident prevention, the use of personal protective				
	equipment (PPE) and chemical safety. It also covers legal aspects of workplace safety, equipping				
	students with the knowledge and skills t	o promote s	safer work environments.		
2	2 Objectives:				
	1. To provide an overview of indust	rial safety,	including the need for safety measures and the		
	fundamental principles guiding occ	upational h	ealth and safety policies.		
	2. To educate on the importance and	selection o	f personal protective equipment (PPE) and safe work		
	practices across various industrial settings.				
	3. To develop skills in creating and ex	ecuting em	ergency control plans, both on-site and off-site, and		
	understand safety procedures in ha	izardous sit	uations.		
	4. To familiarize students with chemical safety protocols, including concentration units, control				
	measures, and threshold limits.				
	5. To analyze the legal aspects of occupational health and safety, including relevant laws and				
	standards such as ISO 45001:2018.				
3	Course Outcomes (CO)				
	After completion of the course, students will be able to:				
	CO1: Identify Safety Needs for safety measures in industrial environments, including the types and				
	causes of accidents.				
	understand inspection norms	hat protecti	ve equipment for various work scenarios and		
	CO3: To develop emergency plans that a	address pot	ential risks and outline evacuation and prevention		
	strategies.				
	CO4: To analyse chemical safety practic	ces, includir	ng concentration limits and control measures		
	necessary for safe handling.				
	CO5: To understand and interpret the le	gal respons	ibilities of safety officers and management under		
	current occupational safety regulations	and ISO sta	ndards.		
4	Course Contents to be covered	Period	Bloom's Taxonomy Learning outcome		
	Unit 1: ACCIDENT HISTORY		Students will recall types of industrial accidents,		
	Fundamentals of Safety, Industrial	10	explain the fundamentals of safety measures, and apply safe work practices through case study		

Accidents, Safe Work Practices		analysis.
Unit 2: WORK PRACTICES Introduction to PPE, Non-Respiratory and Respiratory System, Safety Inspection Norms at work site,	10	Students will identify various types of PPE and their importance, describe PPE selection requirements, and apply this knowledge during simulated site inspections.
Unit 3: WORK PROCEDURES Emergency Control Plan, Confined Space-Risk/safe preventive measures, Fire prevention plan	10	Students will analyze emergency control plans, evaluate on-site emergency response strategies, and create a comprehensive emergency response plan for hypothetical scenarios.
Unit 4: CHEMICAL SAFETY Units of Concentration, Standard Laboratory Practices, Chemical safety equipment	10	Students will recall units of concentration, summarize control measures for hazardous substances, and apply laboratory practices to develop a chemical safety checklist.
UNIT 5: LEGAL ASPECTS & ISO 45001: 2018 Government's Role, The Occupational Safety, OHSAS, Energy Management System (ISO 50001: 2018 standard)/ Carbon footprint management	12	Students will assess safety officers' roles under the Occupational Safety Code and create a safety management policy plan in line with ISO 45001:2018 standards.

Textbooks:

1. Gokhale, S. (2020). Industrial Safety and Health Management. 2nd ed. New Delhi: PHI Learning

2. Harris, R. (2019). Safety and Health for Engineers. 2nd ed. New York: Wiley.

Reference:

- 1. Krause, T. R., & Bohr, J. (2017). Safety Management: A Comprehensive Approach to Managing Safety and Health in the Workplace. 3rd ed. New York: McGraw-Hill
- 2. Wagner, C. E. (2019). *Chemical Safety Management: A Practical Guide to Hazardous Substances in the Workplace*. 1st ed. London: Routledge.
- 3. Choudhry, R. M., & Fang, D. (2018). *Safety Management in Construction: Best Practices and Applications*. 2nd ed. New York: CRC Press.

DEPARTMENT: Sociology & Political Science FACULTY: Social Sciences

	Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)			
	Status of Course & Credit: Major Course & 4			
	Course Number & Title: HED-105 Practical			
	Lectures/ Week: of 55 mts. Each. [Week 13 per semester]: L-6			
	Total Lectures / Semester: 78			
1	Introduction: This course is introduced to analyze water and air quality using simple methods. Focusing			
	on important parameters like pH, hardness, and pollutants, this course emphasizes practical skills and			
	their impact on public health and the environment.			
2	Objectives:			
	1. To equip students with the knowledge of key water quality parameters and their significance.			
	2. To develop skills in performing practical analyses of water and air quality using simple methods			
	2. To apple students to interpret and evoluate the results of water and air quality define simple methods.			
	4. To promote an understanding of any ironmental health and the impact of water and air quality on			
	public health.			
	5. To encourage the application of scientific methods in environmental monitoring and assessment.			
3	Course Outcomes (CO)			
	After completion of the course, students will be able to:			
	CO1: Proficient in Testing Techniques: Students will be able to effectively conduct tests for water			
	quality parameters such as pH, conductivity, and hardness.			
	CO2: Data Analysis Skills: Students will demonstrate the ability to analyze and interpret data related to			
	both water and air quality.			
	CO3: Critical Thinking: Students will develop critical thinking skills related to environmental health			
	issues and the importance of monitoring water and air quality.			
	CO4: Report writing: Students will be able to compile and present their findings in a clear and concise			
	CO5: Informed Decision Making: Students will gain the ability to make informed decisions regarding			
	environmental health based on their analyses.			

Note: The practical will be on kit based.

DEPARTMENT: Sociology & Political Science FACULTY: Social Sciences

	Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)					
	Status of Course & Credit: Major Course & 4					
	Course Number & Title: HED-106 Industrial Training					
	Lectures/ Week: of 55 mts. Each. [Week 13 per semester]: L-4					
	Total Lectures / Semester: 52					
1	Introduction: This course bridges the gap between theoretical knowledge and its application, enabling students to develop essential skills relevant to their field. Through hands-on training, students will explore industry practices, enhance their employability, and build professional networks. The course emphasizes critical thinking, problem-solving, and effective communication, preparing students for future career challenges. By the end of the training, students will be equipped to apply their learning in a professional context, reflecting on their experiences for personal and professional growth.					
2	Objectives:					
	 Apply Theoretical Knowledge: Enable students to apply theoretical knowledge from their studies in real-world industrial settings. Skill Development: Facilitate the development of practical skills relevant to the industry, enhancing employability. Industry Awareness: Increase awareness of current industry practices, trends, and challenges. Professional Networking: Encourage students to build professional relationships and networks within their field. Problem-Solving: Promote critical thinking and problem-solving skills through hands-on experience in industrial environments. 					
3	Course Outcomes (CO) After completion of the course, students will be able to: CO1: Demonstrate Practical Skills: Exhibit proficiency in industry-specific tasks and operations relevant to their training. CO2: Integrate Knowledge: Integrate theoretical concepts learned in the classroom with practical applications in the workplace. CO3: Evaluate Industry Practices: Critically evaluate and analyze industry practices and processes encountered during the training. CO4: Communicate Effectively: Communicate professionally with peers and industry professionals, demonstrating interpersonal and teamwork skills. CO5: Reflect on Experience: Reflect on their industrial training experience to identify areas for personal and professional growth.					

Note: The course based on industrial training

	Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)				
	Status of Course & Credit: Major Course & 4				
	Course Number & Title: HED-201 Environmental Law & E.I.A.				
	Lectures/ Week: of 55	mts. Each.	[Week 13 per semester]: L-4		
	Total I	Lectures / S	Semester: 52		
1	Introduction: This course objectives to understand environmental legislation in India, covering key laws				
	and enforcement challenges. Students	s will be a	ware about the roles of pollution control boards,		
	Environmental Impact Assessments ((EIA), and	foster a deeper understanding of environmental		
	protection and advocacy.				
2	Objectives:				
	1. To Examine major environmental la	ws and regu	lations in India, including their historical context and		
	implications.				
	2. To comprehend the principles of ch	emical safe	ty, including concentration units, control measures,		
	and laboratory practices.				
	3. To Identify challenges and mechani	isms for the	enforcement of environmental laws.		
	4. To Learn the process of Environmental Impact Assessment (EIA) and its significance in decision-				
	making.				
	5. To Discuss the importance of interr	national agr	eements and standards in environmental protection		
3	Course Outcomes (CO)	will be abl	a ta:		
	CO1: To Identify various environmental pollutants and their sources				
	CO2: To explain the structure and functions of Central and State Pollution Control Boards.				
	CO3: To evaluate the effectiveness of specific environmental laws and regulations.				
	CO4: To Analyze case studies of public interest litigations (PILs) and their impact on environmental				
	policies.				
	CO5: To Conduct an EIA and prepare a c	omprehens	ive report, including cost-benefit analyses.		
1	CO6: Discuss the implications of interna	alional treat	les on national environmental policies.		
-	Course Contents to be covered	Period	Bloom's Taxonomy Learning outcome		
	UNIT 1: ENVIRONMENTAL		Students will identify types and causes of		
	LEGISLATION		industrial accidents, explain safety fundamentals,		
	Role and functions of pollution	10	and apply safe work practices through		
	control boards, duties and				
	responsibilities of citizens for				
	environmental protection				
	UNIT 2: ENVIKUNMENTAL LAWS:		no nocuses on recognizing various personal		
	Wotor Act 1074 Air (Provention and	10	work permit system, and applying safety		
	Valer Act 1974. Air (Prevention and		precautions effectively in high-pressure situations.		
	Control of Pollution) ACT 1981, Porest				

Conserv (Protect waste R Rules 20	vation Act 1980, Environment tion) Act 1986, Hazardous tules, 2008, Bio-Medical Waste 016.		
UNIT 3: ENVIRC Issues environ awaren (PILs) environ	ENFORCEMENT OF INMENTAL LAWS involved in enforcement of mental legislation, public ess, public interest litigations and its role in control of mental pollution in India.	10	The learner will identify key components of emergency plans, explain their significance, and apply risk prevention measures for confined spaces.
UNIT ASSESS Environ (EIA), St for the Scope audit, c	4: ENVIRONMENT IMPACT MENT mental Impact Assessment teps of EIA, General guidelines preparation of EIA report, and types of environmental ost benefit analysis.	10	Presenting recalling units of concentration, describing control measures, and assessing safety protocols in laboratories.
UNIT INTERN TREATIE EIA Ac Environ (EMP), Standar standar Footprir Ways of	5: CERTIFICATION AND ATIONAL ENVIRONMENTAL S: ccreditation, Kyoto Protocol, mental Management Plan International Organization for rdization (ISO), ISO 14000 ds and certification, Carbon nts: Concept, Causes and reducing it, Carbon Credits.	12	To identify stakeholder roles in occupational safety, explaining the provisions of relevant legislation, and applying ISO standards in safety management practices.

Textbooks

- 1. Abbasi, S. A., & Arya, D. S. (2003). Environmental Impact Assessment. Discovery Publishing House.
- 2. Pr Trivedi & Gurdeep Raj (1992): Concepts in Environment, Akashdeep Publishing House, New Delhi
- International Environmental Agreements an Indian Perspective: Ministry of Environment & Forests, Goi, N.D.
- 4. Sustainable Air Pollution Management, R Chandappa and Umesh Kulshrestha 2016

Reference

- 1. Hunter, D., Salzman, J., & Zaelke, D. (2019). Environmental Law. 8th Edition. Foundation Press.
- 2. Rao, V. R. P. S. M. (2017). Environmental Policy and Law. Deep & Deep Publications

Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)				
Status of Course & Credit: Major Course & 4				
Course Number & Title: HED-202 Environment & Society				
	Lectures/ Week: of 55 mts. Each. [Week: 13 per semester]: L-4			
	Total L	.ectures / S	Semester: 52	
1	Introduction: This course introduces to	o present t	he relationship between environmental factors and	
	societal structures. As environmental is	sues beco	me increasingly pressing, understanding the impact	
	of these factors on society is crucial for o	developing	effective strategies for sustainable living.	
2	Objectives:			
	1. To understand students with the	principles	and objectives of environmental education and its	
	significance in the National Educat	tion Policy (NEP) 2020.	
	2. To observe the effects of environ	mental cha	nges on societal dynamics, including demographic	
	shifts and health implications.			
	3. To promote national and internation	onal strateg	ies for sustainable development and their relevance	
	to local contexts.			
	4. To investigate the intersections of	sanitation,	health, and cultural practices, and their implications	
	for public health.			
	5. To study the importance of biodiv	versity, thre	ats it faces, and conservation strategies at various	
	levels.			
3	Course Outcomes (CO)			
	After completion of the course, students will be able to:			
	CO1: To develop the key concepts in environmental education and management			
	CO2: To develop the principles of environmental education and its societal relevance.			
	CO3: To Apply environmental management concepts to local issues			
	CO4: To Analyze the relationship between environmental changes and demographic shifts.			
	CO5: To Assess the effectiveness of sust	ainable dev	velopment strategies and develop a biodiversity	
	conservation action plan and create an a	awareness	program for sanitation issues.	
4	Course Contents to be covered	Period	Bloom's Taxonomy Learning outcome	
	UNIT 1: ENVIRONMENTAL EDUCATION		Students will define key concepts and describe the	
	& ENVIRONMENTAL MANAGEMENT		principles of environmental education, while	
	Objectives of Environmental		implementing strategies for its integration into	
	Education, Action Plans		curriculum.	
	Environmental Education in National	10		
	Education Policy (NEP)2020.			
	Management Management of			
	Environmental Education			
	UNIT 2: ENVIRONMENTAL IMPACT ON	10	Students will identify demographic changes due to	

SOCIETY Demographic changes- Rural migration, Urban migration, Lifestyle, Modification, Business, Educational Implications, Health implications.		environmental factors and explain their implications on health and lifestyle, analyzing relevant case studies
UNIT 3: SUSTAINABLE DEVELOPMENT The importance of environment to society, National & International Strategies for sustainable development- The World summit, GATT Agreements	10	Students will define sustainable development, summarize key initiatives, and apply these principles to local issues.
UNIT 4: SANITATION, HEALTH AND SOCIETY Hygiene, Culture and Sanitation in India's Public health, New Culture of Urban Sanitation, Social structure, Cultural belief and practices, Sustainable Development Goals and Environment	10	To describe the connection between sanitation and public health and develop practical community solutions.
UNIT 5: BIO-DIVERSITY AND ITS CONSERVATION Biodiversity, Biodiversity at global, national and local levels, Threats to biodiversity: habitat loss, Endangered and endemic species of India, Conservation of biodiversity: In-situ and Ex-situ conservation of biodiversity.	12	Students will define biodiversity, explain its importance and threats, and propose both in-situ and ex-situ conservation strategies.

Textbooks:

- 1. Saxena, N. (2021). *Environmental Studies: A Global Perspective*. 2nd ed. New Delhi: Kalyani Publishers.
- 2. Gupta, A. (2020). Environmental Education: Principles and Practices. New Delhi: PHI Learning.
- 3. Ramakrishna, K. (2022). Sustainable Development: Principles and Practices. 1st ed. New Delhi: SAGE Publications
- 4. Singh, J. (2019). Sanitation and Public Health in India. 1st ed. New Delhi: Oxford University Press.
- 5. Krishnan, S. (2020). *Biodiversity Conservation: Principles and Practices*. 1st ed. New Delhi: Springer.

References:

- 1. National Education Policy (NEP) 2020. Government of India document outlining educational reforms, including environmental education.
- 2. United Nations Sustainable Development Goals (SDGs). Framework for global sustainability, with a focus on environmental health and sanitation.

	Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)			
Status of Course & Credit: Major Course & 4				
	Course Number & Title: HED-203 Disaster Management			
	Lectures/ Week: of 55	mts. Each.	[Week: 13 per semester]: L-4	
	Total I	ectures / S	Semester: 52	
1	Introduction: This course introduces of various hazards and disasters. The cour processes, and the role of informatio students to be effective leaders in promo	essential ki se covers th n technolo oting comm	nowledge and skills to understand and respond to ne social impacts of disasters, disaster management gy, as well as fire safety fundamentals, preparing nunity strength and safety.	
2	Objectives:			
	 To provide students with characte their environmental implications. To understand the effects of disa focusing on the socio-economic an To introduce students with the fu disaster management. To explore the role of information te decision-making in administrative p To educate students on fire dyna 	ristics, and asters on o d psycholog undamental chnology in processes. amics, prev	classifications of hazards and disasters, including communities, cultures, and national development, gical aspects. . principles, processes, and planning strategies for disaster management and the importance of ethical vention methods, firefighting techniques and risks	
	associated with various types of fire.			
3	 After completion of the course, students will be able to: CO1: To develop key concepts related to hazards, disasters, and their classifications. CO2: Describe the impact of disasters on societies, including cultural and economic aspects. CO3: Apply disaster management principles to develop effective planning and response strategies. CO4: To Analyze the role of information technology in enhancing disaster management efficiency & effectiveness. CO5: To promote fire prevention and response plans that incorporate best practices and safety regulations. 			
4	Course Contents to be covered	Period	Bloom's Taxonomy Learning outcome	
	UNIT 1: HAZARD & DISASTER Meaning, Types & Classification, and Characteristic features, of Hazards and Disasters, Hazards Disasters and Environment.	10	Students will define various types and characteristics of hazards and disasters, describe risk and vulnerability, and analyze the relationship between hazards, disasters, and the environment.	

UNIT 2: DISASTER & Impact of Disaste Communities, Dis Development, Soc and Disasters, Soc and Political Aspec	& SOCIETY r on Cultures and saster & National siology of Hazards cial, Psychological, ts of disaster.	10	they will identify the impacts of disasters on cultures and communities, explain the socio- economic and psychological aspects of disasters, and evaluate disaster assistance mechanisms at individual and public levels
UNIT 3: INTRODUC MANAGEMENT: Meaning and So Management; Responsibilities; Management Proo Financial and Requirements.	CTION TO DISASTER cope of Disaster Roles and Disaster cess & Planning. Administrative	10	Students will define the scope of disaster management, outline roles and responsibilities, and analyze the disaster management process, including financial and administrative requirements.
UNIT 4: INFORMAT & DISASTER MANAG Information Techno Disaster Manage Service Delivery Sys	TION TECHNOLOGY GEMENT ology & its role in ement, Evaluating stem.	10	will assess the role of information technology in disaster management and evaluate ethical considerations in administrative decision-making.
UNIT 5: FUNDAN ENGINEERING AND Theory & Chemis Prevention Meth Transportation Explosive Mate System, Fire Extin Maintenance, Fire Aid for Burns, Fire and Prevention.	MENTAL OF FIRE OSPECIFIC RISKS stry of Fire, Fire ods, Storage & of Flammable rial, Firefighting guishing and their Plans & Drills, First Protection System	12	Students will understand the theory and chemistry of fire, identify types of fire and fire prevention methods, and apply knowledge of firefighting systems and first aid for burns, alongside evaluating safety protocols for hazardous materials and environments.

Textbooks

- 1. Goel, S. (2021). Disaster Management: A Disaster Manager's Handbook. 2nd ed. New Delhi: Deep & Deep Publications.
- 2. Perry, R. W., & Lindell, M. K. (2017). Preparedness for Disasters and Emergencies: A Review of the Literature. 1st ed. New York: Wiley.
- 3. Reddy, K. R. (2020). Introduction to Disaster Management. 1st ed. New Delhi: Wiley India Pvt. Ltd.
- 4. Khan, F. I., & Abbasi, T. (2020). Safety, Security and Disaster Management. 1st ed. New Delhi: PHI Learning.

References:

- 1. Introduction to Hazard and Disaster Management: by R. E. D. (2017). Routledge.
- 2. Disasters and Society: A Sociological Approach: by T. A. R. (2014). Springer.
- 3. Information Technology for Disaster Management: by C. M. R. (2015). Wiley.
- 4. Fundamentals of Fire Protection" by L. W. A. (2016). National Fire Protection Association.

Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)				
Status of Course & Credit: Major Course & 4				
	Course Number & Title: HED-204 Environmental Pollution			
	Lectures/ Week: of 55	mts. Each.	[Week: 13 per semester]: L-4	
	Total I	.ectures / S	Semester: 52	
1	Introduction: This course provides stu	dents with	a comprehensive understanding of various types of	
	pollution and their effects on human he	alth and ec	osystems. Students with the knowledge and skills to	
	analyze pollution issues critically and	develop pr	ractical solutions for environmental protection and	
	sustainability.			
2	Objectives			
2	1 To understand Air Pollution, the type	0.000	and offects in both rural and urban anvironments	
	2. About Water Pollution pollutants	identify t	beir sources and discuss wastewater treatment	
	methods for domestic and indust	rial context	S.	
	3. To understand soil pollution, comp	osition, cla	ssify soil pollutants, and impacts of pesticides and	
	chemical fertilizers on agriculture	•		
	4. To investigate noise, thermal, and n	uclear poll	ution, focusing on their causes, effects, and control	
	measures. 5 To address global environmental ch	allangas in	cluding climate change global warming and ozone	
	laver depletion, through case stud	dies.		
3	Course Outcomes (CO)			
	After completion of the course, students	will be abl	e to:	
	CO1: To Identify Air Pollutants and find out their sources, effects, and mitigation techniques.			
	CO2: To assess water pollutants, sources, and the effectiveness of wastewater treatment processes in			
	various settings.			
	CO3: To discuss soil composition and the effects of various pollutants, including the impacts of			
	agricultural practices on soil health.			
	CO4: To study about causes and cons	equences	of noise, thermal, and nuclear pollution, proposing	
	control measures for each.			
	CO5: To Investigate and present findi	ngs on ma	jor global environmental issues, demonstrating an	
	understanding of their implications.			
4	Course Contents to be covered	Period	Bloom's Taxonomy Learning outcome	
			Students will identify different types of air	
	Types of pollutants (Bural & Urban:		pollutants and where they come from They will	
	Indoor & Outdoor). Pollutants- CO.		learn how pollutants like CO. NOx. and others	
	NOx, HC, SOx and particulates,	10	affect health and the environment, and explore	
	pollutants and effects of pollutants on		ways to reduce air pollution through real-life	
L	man and environment.		examples.	
	UNIT 2: WATER POLLUTION	11	Students will recognize various water pollutants	
	Classification of water pollutants,	17	and their sources. How wastewater is treated in	

sources, wastewater treatment, Problems of water Pollutants in rural and urban areas.		homes and industries and analyse water pollution issues in cities and villages to suggest solutions.
UNIT 3: SOIL POLLUTION Classification of Soil, Composition of soil, classification and effects of pollutants on soil pollutants and their control. Problems of pesticides and chemical fertilizers in agriculture.	10	Students will learn about different types of soil and what they are made of. They will understand how pollutants like pesticides affect soil and will evaluate methods to control soil pollution in farming.
UNIT 4: NOISE, THERMAL AND NUCLEAR POLLUTION Causes, effects, control measures and prescribed limits	10	To explain what causes noise, thermal, and nuclear pollution and how they impact people and the environment. They will also look at ways to control these types of pollution and learn about safety standards.
UNIT 5: GLOBAL ISSUES AND THE ENVIRONMENT Climate change, global warming, acid rain, ozone layer depletion, nuclear accidents. Case studies	11	To summarize important global environmental issues like climate change and ozone depletion. Review case studies of environmental disasters to understand their effects and create action plans to address these issues.

Textbooks

- **1.** Garg, S. K. (2021). Environmental Pollution and Control Technology. 1st ed. New Delhi: Khanna Publishers.
- 2. Mishra, S. K. (2020). Environmental Pollution: Causes and Remedies. 1st ed. New Delhi: APH Publishing.
- 3. Bhatia, H. (2022). Water and Air Pollution Control Engineering. 1st ed. New Delhi: PHI Learning.
- 4. U. Kulshrestha (2017) Air Pollution and Climate Change in South Asia

References

- 1. Air Pollution: Measurement, Modelling and Mitigation" by S. R. J. A. H. (2015). Springer.
- 2. Water Pollution Control: A Guide to the Use of Water Quality Management Principles" by J. A. C. H. (2003). Wiley.
- **3.** Global Environmental Change: Understanding the Human Dimensions" by R. J. T. (2015). National Academies Press.

DEPARTMENT: Sociology & Political Science **FACULTY:** Social Sciences

	Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)		
Status of Course & Credit: Major Course & 4			
	Course Number & Title: HED-205 Practical		
	Lectures/ Week: 55 mts. Each. [Week: 13 per semester]: L-6		
	Total Lectures / Semester: 78		
1	Introduction: To introduce the practical course focused on measuring noise, pH, conductivity, and		
	essential nutrients like Na, Ca, and NPK. Students will conduct a case study comparing an eco-friendly		
	village to non-eco-friendly sites and participate in fire safety demonstrations and awareness activities		
	aimed at rural communities.		
2	Objectives:		
	1. To teach students skills to measure environmental parameters like noise, pH, conductivity, and		
	essential nutrients.		
	2. To enable students to analyze and compare eco-friendly practices in villages versus non-eco-friendly		
	sites.		
	3. To raise awareness about fire safety through practical demonstrations targeted at rural communities.		
	4. To encourage critical analysis of environmental practices and their impacts on community health and		
	Safety.		
2	5. To educate rural populations about sustainable practices and safety measures.		
5	After completion of the course students will be able to:		
	CO1: To accurately measure poise levels nH, conductivity and nutrient content in various samples		
	CO2: To analyze data from case studies to draw conclusions about the benefits of eco-friendly		
	prosticos		
	CO2. To demonstrate an understanding of fire asfety protocole and effectively communicate this		
	knowledge to othere		
	knowledge to others.		
	CO4: To engage with rural communities, applying their learning to promote sustainable practices and		
	safety.		
	CO5: Able to make informed decisions regarding environmental health based on their practical		
	experiences and analyses.		

Note: The practical will be based on kit.

Textbook:

- 1. Environmental Monitoring and Assessment, M. S. S. Raju, S. K. Sharma, 2019.
- 2. Fundamentals of Environmental Measurements, David J. H. Phillips, 2020.

DEPARTMENT: Sociology & Political Science **FACULTY:** Social Sciences

	Program Name- Post Graduate Diploma in Safety Health & Environment (PGDSHE)		
	Status of Course & Credit: Major Course & 4		
	Course Number & Title: HED-206 Project Work		
	Lectures/ Week: 55 mts. Each. [Week: 13 per semester]: L-8		
	Total Lectures / Semester: 104		
1	Introduction: This course introduces a health education topic that interests you by working on a hands-		
	on project. This is your chance to apply what you've learned in class to real-world situations. You'll		
	develop important skills like research, data analysis, and presentation. Whether you choose to work		
	alone or in a group, you'll enhance your critical thinking and teamwork abilities.		
2	Objectives:		
	1. To develop research skills of students' ability to conduct independent research in the field of health		
	education.		
	2. To apply practical application of theoretical knowledge in real-world settings through hands-on		
	project work.		
	3. To develop Critical Thinking and problem-solving skills in health education contexts.		
	4. To promote teamwork and collaborative skills through group projects.		
	5. To improve written and oral communication skills by presenting project findings.		
3	Course Outcomes (CO)		
	After completion of the course, students will be able to:		
	CO1: Students will be able to design and execute a research project relevant to health education.		
	CO2: Students will demonstrate the ability to analyze data and interpret results effectively.		
	CO3: Students will manage project timelines, resources, and deliverables successfully.		
	CO4: Students will present their findings clearly and effectively to diverse audiences.		
	CO5: Students will reflect on their learning experiences and apply feedback to improve future projects.		

Note: The course based on dissertation